



## **ROME** HEALTH CITY MANAGER COURSE

A course curriculum in Rome provides post-graduate students with the competencies, knowledge and abilities to successfully manage city health.

### **Partners**

- Health City Institute
- University of Rome La Sapienza, Dept Experimental Medicine
- Italian Municipalities Association (ANCI)
- Ministry for Youth Policies



# A new generation of urban health leaders in Rome

### **Responding to a critical need**

Cities need to adopt new multidisciplinary approaches to urban health that are managed by people with the skills to navigate policy development, administrative departments, complex health services, and environmental and housing branches of government. Governance with health at its centre is needed, but a credible route to acquiring the necessary skills and knowledge is missing.

### **Providing the practical training health managers need**

Created by the Health City Institute, the Health City Manager course is offered at Roma Sapienza University. The course professionalises acquiring the skills needed to be a health city manager and imparts vital skills in key discipline areas. The goal of the course is that managers will work effectively to promote health and the prevention of communicable and non-communicable diseases in urban areas and in collaboration with the authorities responsible for Public Health.

Integrating health considerations in city decision-making requires a manager who can accurately assess the social and psychological impact of urban life on residents, with specific attention on vulnerable populations. The programme considers city architecture, urban and territorial planning in terms of the functionality of city areas and the coordination of participation processes.

Students will learn to understand, integrate and coordinate plans to transform urban contexts. They will also acquire the capacity for political-administrative dialogue at institutional levels to harness collaboration and deliver better outcomes for urban environments and their citizens.

### Meeting a political objective

At the 123<sup>rd</sup> plenary session of The EU Committee of the Regions in May 2017, the opinion "Health in cities: the common good" was published, calling for more effective multilevel governance to improve health. Cities lacking health city manager competencies were encouraged to evaluate the benefits and costs of such a role. The Health City Institute has responded with a course that makes recruitment and training easier to implement for cities.

